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**Email: [Ijma.iuaa18@gmail.com](mailto:Ijma.iuaa18@gmail.com)**

### **Instructions for Authors**

#### **1. Introduction**

**The International Journal of Medical Sciences [IJMS], ISSN 2522-7386, is a peer-reviewed, 3 issues** published annually. Authors are invited to submit for publication articles with a wide spectrum of coverage reporting original work, in the fields of medicine, nursery, dentistry, and pharmacy sciences. Review articles are usually by invitation only. However, Review articles of current interest and high standard will be considered. Prospective work should not be back dated. There are also sections for Case Reports, Brief Communication, correspondence and medical news items. Authors should read the editorial policy and publication ethics before submitting their manuscripts. Authors should also use the appropriate reporting guidelines in preparing their manuscripts.

#### **2. Research Ethics**

Studies involving human subjects should be conducted according to the World Medical Association (WMA) Declaration of Helsinki - Ethical Principles for Medical Research Involving Human Subjects. Studies involving non human animals should follow appropriate ethical guidelines such as the Animal Welfare Act, The Animals (Scientific Procedures) Act (Amendment) Order 1993, The EU parliament directive on the protection of animals used for scientific purposes, ARRPs policies and guidelines, etc.

#### **3. Reporting guideline**

Responsible reporting of research studies, which includes a complete, transparent, accurate and timely account of what was done and what was found during a research study, is an integral part of good research and publication practice and not an optional extra.

### **Guidelines for Reporting Health Research**

Authors submitting manuscripts on health research are encouraged to follow the appropriate reporting guidelines as stated by the Equator-Network in preparing their manuscripts.

CONSORT	Randomized controlled trials	Checklist
STROBE	Observational studies in epidemiology	Checklist
PRISMA	Systematic reviews and meta-analyses	Checklist
STARD	Studies of diagnostic accuracy	Checklist
COREQ	Qualitative research	
ENTREQ	Synthesis of qualitative research	
SQUIRE	Quality improvement in health care	Checklist
CHEERS	Economic evaluations of health interventions	Checklist
CARE	Case reports	Checklist
SAMPL	Basic statistical reporting	

Authors should endeavor to address all items recommended by the guidelines (as a minimum). Adherence to recommended reporting guidelines will increase the probability of manuscripts to be accepted for publication.

**The EQUATOR website provides a central repository of up-to-date reporting guidelines and other resources that assist authors to prepare a good research manuscript.**

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The type of article should determine the manuscript structure. However, the general structure for articles should follow the IMRAD structure.

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**Title Page:** The title phrase should be brief. The title page must contain (1) title of the article in English, (2) correct first name, middle initial and family name of each author plus highest degrees, not more than 2, in that specific order (3) any disclaimers, and (4) a short running title of no more than 40 characters (count letters and spaces). The second page should include **IN ENGLISH** (1) name and address of the department(s) and institution(s) from where the research was carried out for each author; affiliation address should be a record of where an author is currently working. If the study was previously carried out at another institute this should appear as "formerly of ...." (2) Current position and affiliation address for the corresponding author and (3) name, address, telephone number, fax number and E-mail address of author to whom correspondence should be sent if it differs from the first author. Review articles should consist of one or 2 authors, only Clinical Review or Meta-analysis may include multiple authors. Case Reports should preferably not exceed 4 authors.

**Abstracts:** Abstracts in English for Review articles and Case reports should be unstructured of not more than 150 words. All original articles must contain a structured abstract of not more than 250 words. The following are typical headings: Objectives (background), Methods (settings, design), including where and when the study took place, Results, Conclusion.

**Introduction:** The introductory section of Case Reports should always include the objective and reason why the author is presenting this case.

**Methods:** In studies of diagnostic accuracy, the methods section should include the inclusion and exclusion criteria of patients involved in the study together with information on patient recruitment.

**Tables:** Tables should be double spaced on a separate sheet of paper. Do not submit tables as photographs. Number tables consecutively in the order of their first citation in the text and supply a brief title for each. Give each column a short or abbreviated heading. Place explanatory matter in footnotes, not in the heading. Explain in footnotes all non-standard abbreviations that are used in each table. For footnotes use the following symbols, in this sequence \*, †, ‡, §, \*\*, ††, ‡‡, §§ etc. Bar graphs and pie charts should only be used where absolutely indicated and should be provided in color; where possible the information should be presented in table format.

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Review Articles should include an extended bibliography. Original Articles and Case Reports should include up to date references, preferably not exceeding 15 for Case Reports. Brief communication should include a maximum of 5 references. A small number of older landmark references can be included where appropriate.

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